



POSITION	NAME	EMAIL	CONTACT
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Members	Betty Agostini, Marguerite Aanensen, Joanne Esdale, Gerry Soogrim, Michelle Girod		

Run: 872	Date: 16 Aug 2014	Site: Haleland Park	Hares: The Dis-Honorables	Scribe: Pinkee
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It was yet another sunny hash Saturday in our sweet TnT. Having been out of the hashing circuit for a couple months I was looking forward to this particular run with much anticipation not to mention that the location of this run was way too close to home to miss out on.



Mr. Big and I set off for the relatively short drive to the run site - literally took 10 minutes y'all! As always, the one thing that I have dearly cherished about the Hash is its' keen sense of community and today it did not disappoint...having been out of touch for a while, one can never tire of the warm hugs, slaps on the back and picong that we were greeted with at the hash. Classic moment...a certain hasher expresses his "fear" of heights particularly on a Paramin hash set by Sorias (known for his love of challenging hill climbs); one of the Dookie brothers says to this hasher " but how you cud have any fear left boy, you eh get married

twice?" Gotta love the Dookies!

One hasher, in need of a last minute leak went to "water" a tree near to a corner house by the river. A female ex-pat resident from one of the neighbouring houses was exposed to the sight of this display and face flushed with horror at his nerve tried to chase him away, "do you know whose' house that is?" she shouted from her patio (referring to the corner property) of course not lady! But we now know it to be that of the Australian High Commissioner's home.





The real question was did she know who we are? Her cry fell on deaf ears as he nonchalantly shook himself off and walked away....

Back to details of the run, after the usual milling around, the Hash actually started fairly on time as the hares had managed to get most people to heed their warning of a start time of 3.30pm sharp! The usual run of the mill sob story was given- no hills (eh?), keep together, stay off the ganja farm etc (no they didn't really say that last part). However, the crowd could not be convinced that there were no hills were involved, I mean really, where else was there to go?

We soon set off into the direction of the golf course, before arriving at the first of many Xs. The correct trail was a back check through the last side street off the golf course road which veers off into a trail to Perserance Park and from that point another back check immediately followed leading us into the inevitable hills of Paramin.

Needless to say this "run" was very challenging... but enjoyable. The hares managed to find new trails on this much beaten Paramin course but too much to get you lost as we eventually returned to much more familiar terrain. Even the front pack got separated into two groups of which the fitness elite arrived a full 7 minutes before the rest of the front pack came in.

Morand, known for dashing up hills and racing down river beds and steep hill slopes (and annoying people 😊) could be heard noticeably belly aching about the difficulty of the trail. This was truly a first...just this once we will sum this up to a late night out!

Speaking of late nights, so sorry for the poor suckers who were yet to come in from the run until well after 7pm! I think the hares outdid themselves just a little too much!

Days later, my butt cheeks are still smiling and I feel as if Mike Tyson just did a number on me...real beat up!

To sum this one up; long and hard but a real good sweat!
ON ON!!!



Scribe : **A well Seasoned Hasher**

Having read the emails on the POSHH site it left one with a slightly uneasy feeling. You know what I mean ; not easy in body or mind, uncomfortable ; restless , disturbed and perturbed. All this stuff about starting on time on account of terrain etc etc.

When I got there the run site looked great , with an assortment of tents under a spreading tree. I thought they were placed there for the hash after lime , but no. The tents were from some previous engagement and a truck appeared and quickly took them away.

H.M. No Name called the other hashers for a little talk that caused the crowd to murmur. He said " there are no short cuts, no walkers trail and if you cannot do one hour strenuous activity do not do this run."

But he also forgot to say no old codgers should attempt this , especially one of my age. So the run started gently enough on 0 degree angle with a meander along the golf course . The we started on an incline of 10 degrees . So far OK . As we approached the first crop garden this was the turn back point for those with sense in their brains . Not having much of a brain I went on and the trail took a 30 degree incline.

And then as we passed fields of seasoning herbs we proceeded to tackle a 45 degree incline . Add to this a couple of dangerous passages alongside the hill slope marked with caution tape and aided by a rope. An unpleasant experience for one who does not like heights.

After a long climb we were back onto the roadway at the very top of Paramin. The fantastic view was worth the strenuous exertion and it was on to the beer stop. Wow ! that beer tasted good . From then on it was down hill back to the run site.

I made two observations on Paramin Hill . The first was that only women were working the fields while most of the men were a little drunk. The second was the ecological disaster that was allowed to happen. Deforestation and soil run off. Add to that all the pesticides that end up in Maraval river water works.

That is why I only drink beer. NEVER WATER!



Virgins: Marcia Jackson-Smith, Aliya, Jenna, Charissa, Marisa, Lisa, Samuel, Jarreau Joseph, Marvin, Lu-Ann, Ato, Neil, Simon, William, Adesh, Crystal, Rebecca, Gary, Kryztien, Cristina, Caterina, Thomas

New shoes: Marcy, Kieve, Korey

Poofter Nominees: David Dookie, Rishi, Lu-Ann, Lee Lum, Korey & Marcy

Poofter: David Dookie

Birthday: Tiza

Leaving Posh3: Tehri

HM's Heavy Haul

One of the joys of being a hasher is the setting of a hash run. It should be right up to the top of every hasher's to-do list. This run provided us hares with that feeling of exhilaration, allowing us all the time to partake of the breathtaking views of the Paramin countryside. Also, it allowed some very cordial exchanges with the local farmers and residents. Never mind the arduous work that was invested in reccing and setting, it was a most memorable hash; albeit from one point of view only!

So it was '**long & hard**'...that's the general consensus. Good,.. but 'long & hard. I believe the hares can comfortably walk away with this evaluation. We would like to thank all those that participated, even those returning to the hash site 3-hours after the fact. Your 'Stick-to-itiveness' would form the subject of hash lore for many moons to come.

On On

Enviro-Corner

We seem a bit to be lagging behind our previous enviro-performances. We should not let the fact that there are no specific litter signs deter us from **our responsibility** to properly segregate our litter. Come on – let’s all keep a vigilant lookout!!

Segregate your waste at the hash! Remember *Disassemble, Crush & Dispose Responsibly. Reduce | Reuse | Recycle* | We’re all in this together!

BLACK BAGS – General Litter | Blue Bags – Plastics | Yellow Bags - Metals

HARELINE 2014

RUN#	DATE (2014)	HARES	SITE & INFO
874	Sep 13	Randall Lyon/Mark Hutchinson	TBA
NIL	Sep 24	Republic Day Red Dress Run for Charity –Red Dress Wear	Republic Day Holiday – Blue Range Ave, Diego Martin
875	Sep 27	TBA	TBA
876	Oct 11	Make-Up Side	Santa Cruz
877	Oct 24	Ivan Charles & others	Tobago Hash Weekend – Friday Run
878	Oct 25	Doon & others	Tobago Hash Weekend – Saturday Run
NIL	Oct 26	TBA	Tobago Hash Weekend – Hangover Run
879	Nov 8	Central Posse	TBA
880	Nov 22	DDI Posse	Down 'd' Islands
881	Dec 6	Committee 2014 – Christmas Hash & Party	TBA

UPCOMING EVENTS

REPUBLIC DAY RED DRESS RUN



Republic Day Red Dress Run
 Wed Sep 24, 2:00pm
 Blue Range Ave, Diego Martin

TOBAGO HASH WEEKEND



Package details NOW AVAILABLE!!
 Oct 23-26 2014

Colin 305-1053
 Marita 685-3600

REGISTER NOW!! – Deadline Sep 15 !!

POSH3 OVERSEAS 2015



POSH3 Cruise 2015 - On On!
 Oct 4-11

Alan 788-8959
 Michelle 741-9125



TOBAGO HASH WEEKEND 2014

30 Years of the 'Tobago Hash Weekend'

2 Full Hash Runs + 1 Live Run + Party & Other Activities...

A Weekend of Run, Fun, Sun & Party based at beautiful Crown Point.

ITINERARY

DATE	SITE	ACTIVITY
THUR 23 OCT	Crown Point	Arrival. PM Meet & Greet lime/ party, BBQ - <u>bring your own meats/ burgers/ vegs</u> (Sides supplied)
FRI 24 OCT	South Coast	11AM Depart Hotel & Hash Run. After lime, Lunch, Beer, Water & Softies
FRI 24 OCT	Crown Point	Night Lime/ Party, Drinks. Late night cutters/ snacks, grill
SAT 25 OCT	TBA Hash site	2PM Depart Hotel & Hash Run. After lime, Meal, Beer, Water & Softies
SAT 25 OCT	Crown Point	Toga Party - <u>Mandatory Toga Wear</u> . Party, Drinks. Late night cutters/ snacks, grill
SUN 26 OCT	Crown Point	8AM Live Hash Run. Day Lime, Lunch, Drinks. Checkout & Depart

- **Check-In** Thursday 23rd Oct 2014 12:00PM | **Check-Out** Sunday 26th Oct 2014 11:00:AM
- Booking **only accepted** with downpayment TTD500/ USD80

PACKAGE COSTS PER PERSON (Exclusive of Travel to Tobago & Breakfast)

JOHNSTONS' QUAD: 1,500, DOUBLE: 1,775,

CABANAS/STUDIO: SINGLE: 3,000, DOUBLE: 2,000