



POSITION	NAME	EMAIL	CONTACT
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Members	Betty Agostini, Diane Henderson, Marguerite Aanensen, Joanne Esdale, Jordan Scheer, Gerry Soogrim[Hash Booze]		

Run: 862	Date: 12 Apr 2014	Site: Chupara Bay, La Fillette	Hares: Kailey, Paul, Doon, Latasha, Hayden	Scribe: Tallboy
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My Saturday evening started with a scenic drive through the northern range passing Maracas bay with the aroma of bake and shark lingering in the vehicle long after we passed the huts. As we drove pass Las Cuevas one couldn't help but notice the amazing poui trees in full blossom. Then we arrived at the run site, parked and the hash master called the large crowd to gather for the usual pleasantries.



He handed over to the mountain goat Doon who started off with the usual no hill, rivers, no water, etc. The only thing I believed he said was there were going to be slippery stones. He called ON ON and we were off; the large group headed up the first hill. This hill was a real ball buster as we weren't even warm. That hill hit me like a right from Mike Tyson to the mid-section - it really knocked the wind out of me. As we all knows what goes up must come

down as we began our descent Martin and I couldn't help but notice these two beautiful young ladies as they emerged from a track with the sunlight hitting them just looking like they were on a photo shoot. Going further downhill through the village passing a wanabee DJ blasting music out his little hut and back on the main road turning on to the road next to the basketball court. And it's up hill again this time passing those regal looking houses on our left. The pack regrouped as the front runners, mid and back pack all converged as we all waited our turn to descend this steep drop-off. I couldn't help but notice how many new faces standing around; this was a butt to the ground and slide down descent. As we emerged from the bushes one could not help but notice the beautiful cove and the young couple standing next to the car; poor them being interrupted by this bunch of crazy people running out of the bush. Up again another steep hill back into the bush for another loop back onto the road to find the beer stop hoping to get a cold drink of water only to find beer - that works just as well!

On On down the hill passing a few people going the opposite direction making me wonder what's in store at the bottom of this hill for people to be turning back. Without any fear we pressed on to the water's edge where we came up on the wettest and slipperiest stones I have ever come across – I haven't had anything this wet and slippery under me in ages. Emerging from the rocks we began our ascent. The climb began on a diagonal path; it was wishful thinking that this would continue as I mentioned it to the guy behind me the trail made a right turn and started heading straight up the steepest hill I have come across in ages. At some stage we had to all four drive to continue up this hill; seems like it wouldn't end. As we all know all good and bad things must come to an end - cresting the hill and running along the ridge was a real relief even more of a relief was seeing the On-In sign. Running downhill is not my strong point so it was a slow trek downhill onto to the main road and back to the run site. As lots of us went to the beach for our cool down dip don't know for the others but that water was so cold the family jewels almost disappear. Victor offered to take the caterer home to replace his wife because she looked angelic and the food tasted like manna from heaven .The down downs were called by the hash master where he called the hares then virgins, new shoes & also poofter nominees. A good time was had by all. ON ON to the next hash.

Virgins: Arlington, Sarah, Linda, Keisha, Ingrid, Jason, Stephanie, Sardar, Shaqkeeyia, Zion

New shoes: Sofie, Helena

Poofter: Kevin – for running off the road into a drain while parking – he had to get wrecked!

HM's Hack

Another high quality hash run from Doon & his crew. We have all come to embrace what is on offer by this particular lead hare, and this run stuck to the script; albeit this one being very well put together! Against the backdrop of a scenic portion of the North coast, simmering in the afternoon sun, the run was a fully entertaining fitness task for all. Thanks to the hares for a fantastic run today.

Lookout for this bunch as I hear they're already scouting locations for the upcoming Tobago Hash Weekend – something to definitely look forward to! A very good turnout at La Fillette – thanks to all. **On On**

Segregate your waste at the hash! Remember *Disassemble, Crush & Dispose responsibly.* We're all in this together!



Hareline 2014

RUN#	DATE (2014)	HARES	SITE & INFO
863	Apr 26	Ozama bin Hashin'	Union Rd., Tabaquite
864	May 10	The Late Haydn Als	Alta Vista, By-Pass Rd., Arima
865	May 24	Mags/ Jo	Toco Mn. Rd., Balandra
866	Jun 7	Arima Spartans	TBA
867	Jun 19	Jamaica HHH/ Overseas 2014	New Kingston, Jamaica
868	Jun 21	Jamaica HHH/ Overseas 2014	Portland, Jamaica
NIL	Jun 21	TBA/ Hash Run Trinidad	TBA
NIL	Jun 22	POS HHH/ Overseas 2014	Frenchman's Cove, Port Antonio, Jamaica
Oct 23-26		TOBAGO HASH WEEKEND 2014	CROWN POINT, TOBAGO – STAY TUNED

Directions to the next run – Run #864

Date: 10th May, 2014

Time: 3:30p.m

Hares: The North Coast Posse

Run Site: AltaVista, Arima-Blanchisseuse Rd.

Head East on Churchill-Roosevelt Highway till you reach Santa Rosa Heights residential area. Continue to the roadside pillars just after, and turn left onto Demerara Road. Head North towards Eastern Main Road (EMR). At intersection of EMR and Demerara Rd., cross and continue north to the Arima-Blanchisseuse Rd., going past Asa Wright Nature. AltaVista is a short distance after, on the left. Look for HHH signs for directions on the route. Travel time from POS : approximately 1hr. 30 mins.

There is a \$20 fee per hasher to enter and use the facility of Alta Vista. Please walk with your change to pay on entry.

Food on sale. Overnight accommodation available (discount can be arranged)

View website : <http://altavistaresorts.com/index3.html>